

STARTERS

Served with salad

Kushi Kebab (2 per portion) **£1.95**

Sheekh Kebab
(2 per portion) **£2.25**
Lamb mince mixed with green chillies, coriander, ginger, garlic, herbs and spices and cooked in a charcoal oven.

Bhuna Chicken

Tikka Puri **£2.95**

Bhuna Prawn Puri **£2.95**

Bhuna Vegetable Puri **£2.65**

Bhuna King Prawn Puri **£3.75**

Prawn, chicken, vegetable or king prawn cooked in bhuna style with onion, tomato, red peppers, garlic, spices and herbs served on a puree (a crispy pastry).

Vegetable Samosa
(2 per portion) **£1.95**

Onion Bhajee (2 per portion) **£1.95**

Pakora (5 per portion) **£1.95**

Chicken Tikka Pakora **£2.75**

Prawn Cocktail **£1.85**

Chicken Shashlik **£3.10**

Lamb Shashlik **£3.45**
Fresh lamb or chicken with tomato, onion, green peppers with our own special spices.

Tandoori Fish **£2.45**

Chicken Tikka **£2.95**

Lamb Tikka **£3.25**

TANDOORI MAIN DISHES

All the tandoori dishes are marinated for 24hrs with a lots of different spices. Each dishes spiced individually to give its own flavour. They are cooked in a tandoori clay oven & served with salad.

Chicken Tikka **£6.65**

Lamb Tikka **£6.75**

Chicken Shashlik **£6.75**

Lamb Shashlik **£6.95**

Diced chicken or lamb shashlik cooked with red peppers, onion & tomato.

Tandoori Fish (Silver Hay) **£6.65**

Special Tandoori Mix **£7.95**
Consists of sheek kebab, lamb tikka, chicken tikka, kushi kebab.

Tandoori King Prawn **£9.95**

King prawn marinated with our own tandoori mixed spice & then cooked in a clay oven.

BIRYANI DISHES

Cooked with basmati rice with the following: meat, chicken, prawn or vegetables, combined with delicate spices, herbs and fresh coriander. Served with a side vegetable curry

Vegetable Biryani **£6.25**

Chicken Biryani **£6.95**

Meat Biryani **£7.15**

Prawn Biryani **£7.15**

King Prawn Biryani **£9.45**

Chicken Tikka Biryani **£7.20**

Lamb Tikka Biryani **£7.45**

Kushi Special Biryani **£7.95**

VEGETABLE TRADITIONAL BALTI

Mixed Vegetables **£5.25**

Sag Aloo Mushroom **£5.25**

Aloo Gobi Mushroom **£5.25**

Chana Aloo Sag **£5.25**

Bhindi Aloo **£5.25**

Chana Mushroom Gobi **£5.25**

Any of the above can be made into a side dish to complement a main meal for only £3.55

Kushi Shabjee **£5.65**

Tarka Dhall **£5.25**

Sag Aloo Gobi **£5.25**

Paneer Sag **£5.65**

Muttor Paneer **£5.65**

EUROPEAN DISHES

Served with lettuce, tomato & chips

Roast Chicken **£6.20**

Chicken Omelette **£5.95**

Mushroom Omelette **£5.95**

Chicken Nuggets **£5.95**

KUSHI HOUSE SPECIALITIES

Balti Chicken Tikka Masala **£6.55**

Balti Lamb Tikka Masala **£6.85**

Balti Tandoori King Prawn Masala **£9.95**

Diced pieces of chicken or lamb tikka. Cooked with our own special spices and herbs with a touch of fresh cream, almonds and pistachios. A mild dish suitable for newcomers. Sprinkled with coriander.

Balti Chicken Tikka Shashlik Masala **£6.85**

Balti Lamb Tikka Shashlik Masala **£7.25**

Cooked with tomato, red peppers, onion, mushroom. Diced pieces of lamb or chicken breast off the bone, garnish with fresh cream and coriander. A most popular dish.

Balti Chicken Tikka Jalfrezi **£7.25**

Balti Lamb Tikka Jalfrezi **£7.45**

This dish has an influence from the day of the Raj. Pieces of chicken or lamb are treated with chopped fried crispy onion, sauteed with green chillies, spices, herbs and fresh coriander producing a HOT strength flavour.

Akbari Pasanda **£7.35**

Another authentic mouth watering lamb or chicken tikka dish with a very mild cream and almond powder sauce chef recommended for anyone with a tender taste and garnished generously with fresh coriander leaf & fresh cream.

Balti Tandoori Fish (Silver Hay) **£6.75**

Balti Chicken Tikka Mince Masala **£7.25**

Diced pieces of lamb, chicken or fish. Marinated for 24 hrs in our special spices, herbs and cooked in a tandoori oven and add masala sauce to finalise. Sprinkled with coriander & fresh cream.

NON BALTI SPECIAL CURRY DISHES

Murgh Raja **£6.45**

Diced chicken marinated for 24hrs cooked with sultanas, fresh lemon, green chilli, with 9 herbs & spices (Fairly Hot).

Murgh Mackan **£6.45**

Diced chicken marinated for 24 hours cooked with ghee, a hint of masala sauce garnish with fresh cream (Mild).

Murgh Badshah **£6.45**

Diced chicken breast marinated for 24 hours cooked with our selected herbs and spices (fairly Hot).

Gust Jaljul **£7.25**

Pieces of diced lamb marinated for 24 hours cooked with diced onion, red pepper, tomato, chilli and our own spices. For people who enjoy hot curry (Extra Hot).

Jheengh Jaljul **£8.35**

King Prawn cooked with diced onion, red pepper, tomato, chilli and our own spices. For people who enjoy hot curry (Extra Hot).

SUNDRIES

BREAD

Papadom Plain **£0.50**

Nan Plain **£1.35**

Keema Nan **£1.95**

Garlic Nan **£1.95**

Peshwari Nan **£1.95**

Paratha **£2.25**

Tandoori Roti **£1.10**

Chapati **£0.85**

RICE

Chips **£1.10**

Boiled Rice **£1.95**

Pilau Rice (Basmati rice) **£2.45**

Fried Rice **£2.45**

Egg Fried Rice **£2.65**

Vegetable Pilau Rice **£2.65**

Mushroom Pilau Rice **£2.65**

Pickle Tray (4 Dips) **£0.85**

HOW HOT CAN YOU GO?

👉 MEDIUM

👉👉 MADRAS

👉👉👉 VINDALOO

TRADITIONAL BALTI

These dishes are very well known and are the most popular among customers to Indian and Bangladeshi Restaurants. They are served in a traditional 'balti' or 'karahi' (a small wok-like dish).

To personalise your curry experience, there is an option of adding the following vegetables to the dishes below: potatoes, mushrooms, channa, bhindi, cauliflower, spinach & peas with a supplement of 35p per vegetable.

Rogan Josh

An authentic dish consisting of various different spices with garlic & tomatoes in a thick sauce, sprinkled with coriander.

Chicken **£5.45**

Meat **£5.65**

Prawn **£6.10**

Keema Aloo **£5.65**

Chicken Tikka **£6.25**

Lamb Tikka **£6.45**

Keema & Chicken **£5.75**

King Prawn **£8.45**

Dopiaza

Cooked with chunky onions & a handful of spices. Medium strength sauce, sprinkled with coriander.

Chicken **£5.45**

Meat **£5.65**

Prawn **£6.10**

Keema Aloo **£5.65**

Chicken Tikka **£6.25**

Lamb Tikka **£6.45**

Keema & Chicken **£5.75**

King Prawn **£8.45**

Korma

Very mild & creamy

Chicken **£5.55**

Meat **£5.75**

Prawn **£6.25**

Keema Aloo **£5.75**

Chicken Tikka **£6.35**

Lamb Tikka **£6.55**

Keema & Chicken **£5.85**

King Prawn **£8.45**

Dhansak

South Persian dish, cooked with lentil, pineapple, several different spices served in a hot, sweet & sour sauce, sprinkled with coriander.

Chicken **£5.55**

Meat **£5.75**

Prawn **£6.25**

Keema Aloo **£5.75**

Chicken Tikka **£6.35**

Lamb Tikka **£6.55**

Keema & Chicken **£5.85**

King Prawn **£8.45**

Madras

Vindaloo

Well known in areas of Bangladesh, known for the strong chilli in the dishes, sprinkled with coriander.

Chicken **£5.55**

Meat **£5.75**

Prawn **£6.25**

Keema Aloo **£5.75**

Chicken Tikka **£6.35**

Lamb Tikka **£6.55**

Keema & Chicken **£5.85**

King Prawn **£8.45**

Pathia

This popular dish is cooked in a hot, sweet & sour sauce, sprinkled with coriander.

Chicken **£5.55**

Meat **£5.75**

Prawn **£6.10**

Keema Aloo **£5.75**

Chicken Tikka **£6.35**

Lamb Tikka **£6.55**

Keema & Chicken **£5.85**

King Prawn **£8.45**

Say hello to a healthy new you - Why diet when you can eat smart?

A range of meals has been designed to provide healthier choices for those interested in lower fat intake, weight monitoring and calorie counting. Each unique dish has been professionally analysed and created to reduce fat content in some cases by 90% of the normal recipe. Thought to be the first restaurant of its kind to include nutritional breakdowns, the Kushi has attracted much media attention, being featured on Central News, and on numerous radio stations - including Saga FM and Heart FM - as well as local newspapers. The aim is to create the expected generous Kushi portions for the health conscious, without compromising on taste or quality. Infact, we think the taste has improved.

Chicken / Lamb Tikka Shah Bhuna..... £6.95
Diced pieces of boneless chicken or lamb tikka cooked with special spices and herbs with a touch of fresh cream, almonds and coconut. A mild dish suitable for newcomers.

Typical values for a Kushi serving (280g)		Typical values per 100g	
Energy	406 kcal/ 1708kj	Energy	145 kcal/ 610kj
Protein	49.65g	Protein	14.16g
Carbohydrate	17.36g	Carbohydrate	6.2g
Fat	19.94g	Fat	7.12g
Salt	2.6g	Salt	0.93g

Authentic Atther..... £7.25
The head chef's unique blend of lamb tikka, chicken tikka, lamb mince meat, cooked with red pepper and diced pieces of onions, with hint of masala sauce.

Typical values for a Kushi serving (310g)		Typical values per 100g	
Energy	458 kcal/ 1883kj	Energy	122 kcal/ 509kj
Protein	26.20g	Protein	7.10g
Carbohydrate	29.15g	Carbohydrate	7.8g
Fat	25.30g	Fat	6.86g
Salt	3.40g	Salt	0.92g

Kushi Lamb £7.25
Very special dish made with a lamb fillet, marinated in our own special mixture of fragrant spices for 24hrs. Cooked in the tandoori oven & served with medium strength sauce sauce with potato, mushroom, chopped onion and red pepper. Garnished with fresh coriander.

Typical values for a Kushi serving (280g)		Typical values per 100g	
Energy	329 kcal/ 723.8kj	Energy	131 kcal/ 288.2kj
Protein	26.80g	Protein	12.20g
Carbohydrate	11.08g	Carbohydrate	5.04g
Fat	11.40g	Fat	5.20g
Salt	1.90g	Salt	0.80g

Kushi Aloo Mushroom Gobi V 🌶️ 🌶️ £5.85
Potato, mushroom and cauliflower making a delicious combination that combines the delicate taste of the vegetables with a medium strength - fairly dry sauce.

Typical values for a Kushi serving (200g)		Typical values per 100g	
Energy	232 kcal/ 9708kj	Energy	116 kcal/ 485kj
Protein	5.5g	Protein	2.75g
Carbohydrate	20.84g	Carbohydrate	10.42g
Fat	14.12g	Fat	7.06g
Salt	0.76g	Salt	0.38g

Aishah Bhindi Chana Aloo V 🌶️ 🌶️ £5.85
A very popular dish made with bhindi (okra), chick peas and Aloo (potatoes). Freshly cooked to your choice of strength, the dish also includes onion, red peppers, tomato and bullet chilli. Sprinkle with coriander.

Typical values for a Kushi serving (245g)		Typical values per 100g	
Energy	250kcal/ 1048kj	Energy	125kcal / 524kj
Protein	8.62g	Protein	4.31g
Carbohydrate	27.62g	Carbohydrate	13.8g
Fat	11.68g	Fat	5.85g
Salt	1.04g	Salt	0.41g

MEAL DEAL

3 Papadom with dip
Chicken Tikka
Kushi Kebab
Chicken Tikka Massala
Lamb Tikka Rogan Josh
Mixed Vegetable Curry
Nan Bread
Pilau Rice

£29.30
£6.00 DISCOUNT
YOU PAY
£23.30

MEAL DEAL

3 Papadom with dip
Vegetable Samosa
Vegetable Pakora
Mottor Paneer Bhuna
Sag Aloo Chilli
Tarka Dhall
Nan Bread
Boiled Rice

£25.70
£5.00 DISCOUNT
YOU PAY
£20.70

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Open 7 nights a week 5.30pm till late

Cheques are accepted only when supported with a valid bankers card.

We accept all major credit cards.



The management reserves the right to refuse service to any one without giving reason.

* Terms & Conditions: King prawn, Tali, Chef's Recommendation are extra £2.50

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FANCY A CURRY TONIGHT?

COME TO

Kushi

Meal Deal

Select any starter
and main dishes
and side dishes
also tea or coffee

All for just £9.95/p *Saving up to 40%

Restaurant & Takeaway

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